

HOOSIER UPLANDS

EMPLOYEE NEWSLETTER



Mission Statement

The mission of Hoosier Uplands, is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled. The corporation strives to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within our service area. All endeavors are pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.

Orange County Community Foundation donated \$9,360 to Hoosier Uplands AfterSchool programs. This funding will help secure the 2026-2027 school year, helping bridge the gap between state funding and existing programming so that important opportunities and resources can continue to reach local students.



Congrats!

Hoosier Uplands Springs Valley Afterschool Program has been presented a \$10,000 grant from the Matt C. Harris Foundation for Kids.

Serving 45 children, kindergarten through sixth grade, Springs Valley's Afterschool Program provides a safe and supportive environment for their kids. Many of the children served - are developed from families of financial difficulty and decisions. These programs are a stepping stone into a safe space.

Leading from the presented donation, an anonymous donor gave \$5,600 specifically for programming - raising the total donation to \$15,600. Hoosier Uplands Afterschool Programs are grateful for the support to benefit our youth. The Matt C. Harris Foundation for Kids continues to invest and strengthen communities.



Congratulations!



Hoosier Uplands employees attended the Annual Chamber Dinner Brandon Hall, Michael Edwards, Emily Webb and Rebekah Bailey.

Congrats to Rebekah Bailey for receiving the 4 under 40 award through the Bedford Young Professionals!



Congrats!

Hoosier Uplands Children's Services had a booth set up at the Washington County Resource Fair, spoke with several people about children services, and also other services Hoosier Uplands has to offer.



The Housing Department staff recently celebrated the successful grand opening of Limestone Edge. Staff welcomed guests, provided tours of the property, and shared information about the new housing opportunities available to the community. The event was a great success and highlighted the hard work and dedication that went into making Limestone Edge a reality.



We were awarded funding through Duke called Vibrant Communities Grant. The funds are primarily for Lawrence, Orange, and Martin Counties. With limited funding for Washington Co.

- Must be a Duke customer (will need to provide a Duke bill)
 - Live within one of the above counties
- Help with transportation for medical reasons, past due medical bills, and past due water bills

Please feel free to refer clients to Amanda Johnson. It is first come first served until funding is depleted.

Please share with your family & friends that Hoosier Uplands Hospice is seeking dedicated person(s) to join our team as a Hospice Volunteer.

Hospice Volunteers are caring people who want to make a difference in the lives of others. Most volunteers provide patient/family support by giving the caregiver a chance to “take a break”. This can be time for running errands, getting groceries, working in the yard or just taking a nap. Volunteers visit with the patient and family, offering a “listening ear”.

Hoosier Uplands Hospice encourages surviving family members to wait one year following a loved ones’ death to serve as a volunteer.

Anyone wishing to become a volunteer may contact Lee Grimes, Volunteer Coordinator at (812) 849-4447; ext. 4348.

Hoosier Uplands will provide Hospice Volunteer training at no cost.

The greatest gift you
can give someone is your
TIME
Because when you give your
TIME
you are giving a portion of your life
that you will never get back...

Brain Health

with the Rural Dementia Network

Tuesday, September 29th
6 pm

Mitchell Community Public Library*

Research is showing that by acting now, you may be able to delay or prevent decline as you continue to age by making some simple changes in your life.

Learn the most recent information about the pillars of brain health and the lifestyle choices that impact cognitive decline.

***DINNER PROVIDED!**

Registration Required. Ages 15+.

Call 812-849-2412 to sign-up.

Email LScott24@iuhealth.org with questions.





Mental Health FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

Mental Health First Aid Certification Courses

Two Upcoming Opportunities to Build Skills That Save Lives

Learn how to recognize, understand, and respond to signs of
mental health and substance use challenges.

1 Mental Health First Aid for Military, Veterans and Their Families



Date: September 29, 2026



Time: 8:00 AM – 4:00 PM



Location: Hancock County Extension Office
972 E. Park Ave., Greenfield, IN 46140



Format: Fully in person. No online
pre-work required.

- Designed specifically for military members, veterans, and their families.
- Learn practical skills to support someone experiencing a mental health or substance use challenge.
- Use the MHFA Action Plan (ALGEE) to respond with confidence and connect people with help.

2 Mental Health First Aid for Adults



Date: October 14, 2026



Time: 8:30 AM – 4:00 PM



Location: Washington County Community Foundation,
Suite 100
1707 North Shelby Street, Salem, IN 47167



Format: Blended course. Includes 2 hours of
mandatory online pre-work plus the
full in-person class.

- Learn to recognize signs of common mental health and substance use challenges.
- Build confidence in offering support and connecting people with appropriate resources.
- Practice using the Mental Health First Aid Action Plan (ALGEE).



Instructors

Kimber Nicoletti-Martinez, LCSW
Kevin Davis, MPH



Registration / More Information

Kimber Nicoletti-Martinez, LCSW
knicolet@purdue.edu

In Partnership With



Attending the full course is required for certification.



Presented by the
Rural Dementia
Network

What is Normal vs. Not Normal in Aging

We have all likely walked into a room and forgot what we went in to do or had trouble remembering a person's name. Does that mean we have dementia?

Learn about normal cognitive changes that frequently occur as we age verses abnormal changes that may suggest the need to speak with a healthcare professional.

Wednesday. September 30th
11 am

Mitchell Community Public Library*

*Registration Required.

Call 812-849-2412 to sign-up.

Ages 18+

LUNCH PROVIDED!

Email LScott24@iuhealth.org
with questions.



WHAT IS SFAE?

SFAE are substance-free alternative events that are organized, social, or recreational activities that explicitly exclude the use of alcohol, tobacco, and other drugs. These events provide safe, welcoming environments that promote wellness and community connection without relying on substances for entertainment.

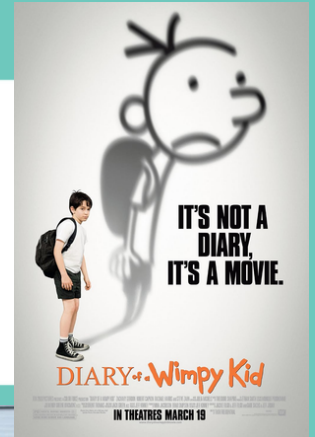




SFAE EVENT SCHEDULE 2026

SEP 12

DIARY OF A WIMPY KID



OCT 31

TRUNK OR TREAT



NOV 28

**ICE AGE: DAWN
OF THE
DINOSAURS**



These events will take place at the Mitchell Opera House. Movies start at 1pm!

Hoosier Uplands Head Start

is taking applications for enrollment in our
FREE preschool program



Call to schedule an
appointment to complete an
application today!

Bedford812-275-0052
Mitchell812-849-4448
Loogootee..... 812-295-4700
Paoli..... 812-723-3687
Salem812-883-5368



INCOME GUIDELINES

Persons in family Income

1.....	\$15,960
2.....	\$21,640
3.....	\$27,320
4.....	\$33,000
5.....	\$38,680
6.....	\$44,360
7.....	\$50,040
8.....	\$55,720

**The following are categorically
eligible to complete an application:
Recipients of SNAP, SSI, and TANF;
as well as Foster and Homeless.**

Serving Lawrence, Martin, Orange, and Washington Counties
www.hoosieruplands.org

SCAN TO APPLY



UPCOMING BIRTHDAYS!

September Employee Birthdays:

1st - Micah Reeves

3rd - Dana Jones

4th - Addie Datish

6th - Kris Mathews, Katy Merchant and Eric Zink

9th - Beth Byfield

14th - Christine Morgan

16th - Keri Southern

20th - Vanessa Lumley

24th - Billy Sanders and Loralye Woods

27th - Candy Bush and Mackenzie Reeve

28th - Jenny Kirby



*Happy
Birthday*



HOOSIER UPLANDS CAN HELP YOUR CHILD SLEEP SAFE!

WE OFFER PACK N PLAYS AND SAFE SLEEP
TRAINING FOR THOSE IN NEED! CALL US
AT 812-849-4447 AND ASK FOR WHITLEY
CLEMENTS!

*We can help keep
your child safe!*

**HOOSIER UPLANDS OFFERS FREE CAR SEATS,
AND FREE CAR SEAT CHECKS FOR THOSE IN
NEED.**

**CALL OUR OFFICE AT 812-849-4447 AND ASK
TO SPEAK WITH WHITLEY CLEMENTS!**

**Car seats offered include convertible, combination,
high back booster and booster seats!**



PRAYERS REQUESTED:

- **Prayers for the families that lost their home in the Shawnee apartments fire**
- **Continued prayers for my granddaughter Lydiah, they are now on week 3 of casting her legs to help with her club feet and the hip dysplasia. Lots of traveling, but she is a trooper. - Kim Taylor**
- **Pray for Amanda Jones 15 year old daughter, Carlie**

